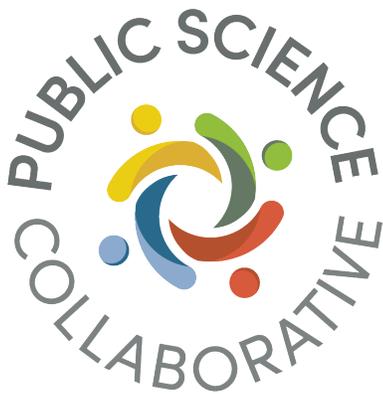


Recovery Readiness Assessment: Mason City

June, 2025



Cerro Gordo County



Report provided to the Iowa Department of Health and Human Services

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Executive Summary

Iowa State University's Public Science Collaborative¹ (PSC) created Recovery Readiness Assessments for 300 communities, 99 counties, and Iowa's seven new behavioral health districts in Iowa (2025). The community, county and district Recovery Readiness Assessments are updated annually. The reports are commissioned by the Iowa Department of Health and Human Services to support the expansion of substance use recovery services across the state. Use this report:

1. To learn about Iowa's recovery movement and resource options
2. As a reference guide for recovery resources by community, county, and behavioral health district
3. To strengthen networks and build coalitions among communities high and low in recovery resources, organizing around community assets and services
4. As a tool to allocate funding to your at-risk neighborhoods and develop recovery-oriented services

This report examines recovery resources in Mason City, which is in Cerro Gordo County and is part of Iowa's Behavioral Health District 3 (see Figure 1). Mason City has a population of 27,100.



Figure 1: Iowa's Behavioral Health Districts (Source: Iowa HHS)

The following pages define recovery, recovery-oriented services, and recovery-ready communities. We evaluate Mason City's recovery resources to identify both strong recovery neighborhoods and areas with growth potential, using SAMHSA's recovery categories and the CDC's social determinants of health framework.

Our report also includes:

- **Substance use vulnerability maps** by drug type—such as opioids, methamphetamine, heroin, alcohol, cannabis, cocaine, and benzodiazepines—help identify prevalent recovery needs, guide resource allocation, and inform event planning in at-risk neighborhoods.
- **Social determinants of health maps** to explore overall health vulnerabilities and help local stakeholders understand neighborhoods that could use extra support, resources, and investments to improve the health and well-being of community members.

These reports can be combined with PSC's Health Snapshot Series² to give an overall view of health and recovery in Iowa counties and communities.

For additional questions or information about this report, the data tools described, or the Public Science Collaborative, please reach out to the principal investigators of this study, Dr. Shawn Dorius at sdorius@iastate.edu, or Dr. Kelsey Van Selous, MSW, LCSW at kvansel@iastate.edu.

¹<https://publicsciencecollaborative.org/>

²<https://publicsciencecollaborative.org/research-project/iowas-health-snapshot-series/>

What is Recovery?

The Iowa Department of Health and Human Services and the Substance Abuse and Mental Health Services Administration (SAMHSA) define recovery as follows:

“A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.”

A second useful definition of recovery, which shaped the PSC approach to recovery community readiness, was created by Bill White:

“Recovery is the experience through which individuals, families, and communities impacted by severe alcohol and other drug (AOD) problems utilize internal and external resources to voluntarily resolve these problems, heal the wounds inflicted by AOD-related problems, actively manage their continued vulnerability to such problems, and develop a healthy, productive, and meaningful life.”

Common to both definitions is that recovery is not a state or moment in life, but a process of moving toward better health in an actively managed and self-directed way. Recovery takes time and often involves not just the individual, but family and community. For this reason, the external resources noted in the White definition are what motivate our emphasis on recovery-ready communities. Resources outside of the individual, including housing, transportation, recreation, and schools, can promote early recovery, as well as longer and more stable recovery. Identifying resources that support long-term recovery can help identify towns and cities rich in these recovery tools. This, in turn, enables more effective development of new community-based recovery organizations.

Peer Support

Peer support can take different forms, but it is often vital for supporting recovery in a community. Simply, peer support consists of people in recovery using their own experiences to support others in recovery who might have similar experiences. Peer support may include referring people in recovery to resources, being a model for how to recover, and being a general resource for helping someone reach and maintain their own recovery.

A common form of peer support is mutual aid meetings, such as Alcoholics Anonymous or Narcotics Anonymous, where people in recovery meet in groups and have a safe setting to discuss their own recovery and support others.

There are also one-on-one opportunities for peer support. In these settings, trained specialists and coaches who have lived experience can give customized support to individuals with a similar substance use or recovery experience. These kinds of peer support include:

- **Peer Support Specialists (PSS):** people currently living well in recovery from a serious mental illness or substance use. They provide support and hope through their own recovery experiences and provide other useful information for the people they work with.
- **Family Peer Support Specialists (FSS):** specialists trained to specifically work with families and have their own experiences caring for children with behavioral health needs. FSS can give feedback that is designed and intended for parents and children, including helping families navigate support systems for children.
- **Recovery Coaches (RC):** people in recovery from a substance use disorder, or are a family member of a person in recovery from a substance use disorder. They are able to offer their own perspectives and experiences with recovery that can help a peer to stay engaged in their recovery.

Take a look at the “Peer Support Providers” section of this report to learn more about what resources your community already has, and where there is opportunity to expand resources. To learn more about types of peer support and training opportunities, you can also go to the [University of Iowa Peer Workforce Collaborative](https://iowapeersupport.sites.uiowa.edu/)³.

Community-Based Recovery Organizations

Recovery organizations help people who are recovering from substance use disorders. They take various shapes, but they all aim to support individuals. They offer services and resources to help people stay in recovery, enhance their health, and reintegrate into society.

³<https://iowapeersupport.sites.uiowa.edu/>

Most community-based recovery organizations will offer some form of peer support. This may include peer support specialists, recovery coaches, or mutual aid meetings, and a range of activities and services to grow community and connection among people in recovery. These organizations provide a substance-free environment where all are welcome. People in recovery can receive guidance in daily activities such as finding stable housing, a job, or volunteer opportunities. They might also offer recreation and social groups, or linkages to legal support.

A few of the most well-known recovery organizations include:

- **Recovery Community Centers:** These centers are free, universal access physical spaces that offer a variety of services to support individuals in recovery. A typical recovery community center will host mutual aid meetings, maintain a network of local recovery coaches, engage in community advocacy for people in recovery, and coordinate connections to general resources for recoverees. They will also coordinate with first responders, parole officers, and emergency departments to support people with substance use disorders.
- **Recovery Cafes:** These community spaces bring people in recovery together, providing a space to socialize with other people in recovery, support one another, and engage in service. Cafes often provide free hot meals, beverages, and other basic needs to support people in recovery. They might also offer peer support and other activities in a welcoming, substance-free environment. The [Recovery Café Network](https://recoverycafenetwork.org/)⁴ is a good starting place to learn more.
- **Recovery Houses:** These are safe, substance-free living environments that support people in recovery from substance use disorders. Most recovery houses provide a structured and supportive community where residents can focus on their recovery journey and live among other people in recovery. Oxford Houses are among the most well-known recovery residences.
- **Recovery High Schools and Collegiate Recovery Programs:** These educational institutions provide a supportive environment for students in recovery, helping them succeed academi-

cally while maintaining their sobriety. They do this in a similar way as community centers and cafes, by offering peer support, community, and recovery-focused activities, but focused on student needs.

Recovery Readiness

Resources such as peer support and community-based recovery organizations help promote recovery readiness in a community. However, a recovery-ready community also has other recovery and community resources that provide supports across prevention, treatment, and long-term recovery.

Key elements are:

- Accessible healthcare
- Peer support networks
- Educational and job opportunities
- Harm reduction services
- Anti-stigma initiatives
- A sense of purpose

A recovery-ready community unites members, institutions, and policymakers, working together towards a common goal. This approach helps promote lasting recovery and overall well-being.

In Iowa, a recovery-ready community provides multiple recovery pathways. It meets the needs of those in recovery through a vibrant recovery culture and it is well-coordinated across both formal and informal systems of care.

How can this guide improve recovery readiness?

This report is intended to help communities, recovery organizations, treatment providers, and other local organizations and coalitions evaluate their own recovery readiness. It helps identify the resources that communities already have, resource areas that are lacking, and where are populations with a high risk of substance use or poor general health. We hope that readers will use this information to learn about their communities and develop strategies for increasing access to recovery resources and ensuring that people in recovery are connected to those resources to best support their own paths to recovery.

⁴<https://recoverycafenetwork.org/>

Is Your Community Recovery Ready?

We consulted scientific literature on substance use recovery and engaged key stakeholders, including people in recovery and individuals from around the country and in Iowa who work directly with recoverees. From these efforts, we identify 24 categories of community-based recovery resources and services. Collecting all of that data for each of Iowa's cities and towns yielded a total of nearly 40,000 community resources that support recovery. We mapped and analyzed these resources to identify a short list of 'Recovery Ready' communities across the state, culminating in the first-of-its-kind index: The Recovery Ready Community Index (RRCI).

The RRCI is comprised of three components: total number of resources, total resources per 10,000 population, and total mutual aid meetings per 10,000 population (the first two categories include all resources except mutual aid meetings). A community's overall RRCI score is calculated by taking the average of the components' percentile ranks among all Iowa communities. For instance, the community with the most resources has a total resources percentile score of 100 (meaning the community has more resources than 100% of counties), while the one with the fewest has a score of 0.

The Public Science Collaborative designed and created a public-facing, [interactive dashboard](#)⁵ that allows people to further explore the RRCI, compare recovery readiness scores, and evaluate communities.

Figure 2 below displays recovery resources in Mason City compared to the two Iowa cities most similar in population, Waukee and Marshalltown, as well as the state average and average for cities in a similar population group (10,000 - 49,999). Appendix 2 gives additional context, showing Mason City among all the communities with at least 1,000 people in behavioral health district 3.

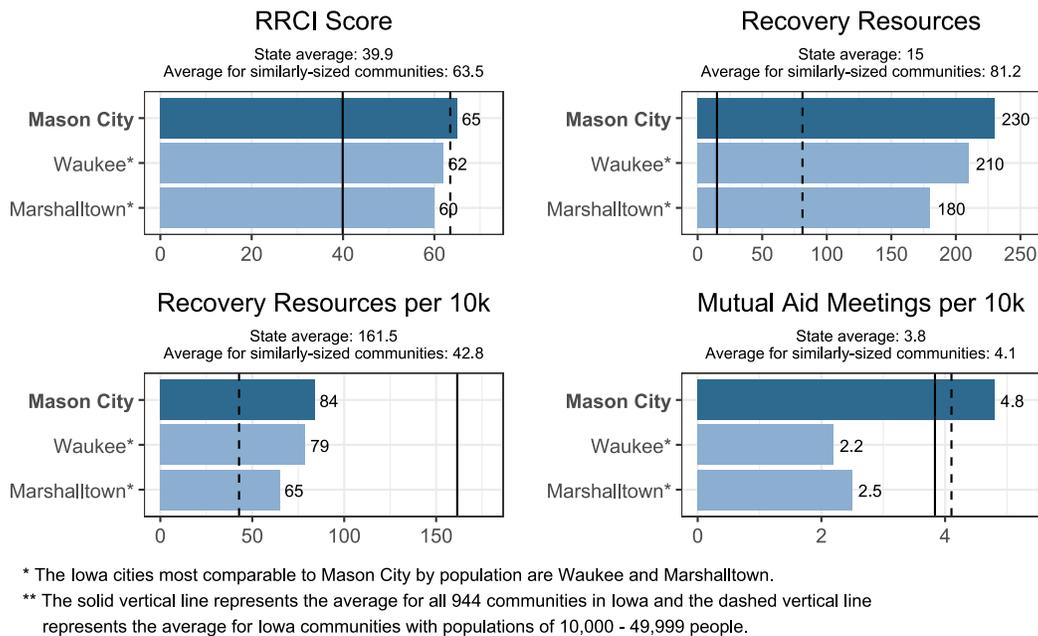


Figure 2: Recovery Resources in Mason City

Mason City ranks 13th of 31 on the RRCI in its population group (10,000 - 49,999). Among the same group, Mason City ranks 9th in total resources, 19th in resources per 10,000 people, and 9th in mutual aid meetings per 10,000 people. In addition to the RRCI, a community might also consider resource diversity. That is, whether Mason City has a wide range of types of resources to support multiple pathways to recovery. On this measure, Mason City has 21 types of non-meeting resources, compared to the average of 11.1 for cities with a population of 10,000 - 49,999.

⁵<https://publicsciencecollaborative.shinyapps.io/RRCI/>

What Are the Resources in Your Community?

Overall, Mason City has 33 mutual aid meetings and 230 non-meeting recovery resources. The tables below include data about the specific kinds of mutual aid meetings and other recovery resources available in your community. Appendices 3 and 4 have a full list of these resources. Following the tables, we have prepared maps that break up the data into categories of similar types of resources and show where resources are located in Mason City. These maps can be used to help identify areas that already have plentiful recovery resources and those that have limited resources and may need additional support.

Table 1: Types of Mutual Aid Meetings in Mason City

Meeting Type	Total Meeting Locations	Total Meetings
Alcoholics Anonymous	6	21
Narcotics Anonymous	3	7
Al-Anon	2	3
Celebrate Recovery	1	1
Nar-Anon	1	1

Table 2: Types of Recovery Resources in Mason City

Resource Type	Total Resources
Place of Worship	42
Childcare Provider	31
Trail	29
Baseball/Softball Diamond	26
School	12
Tennis Court	12
Drug Drop-off Site	9
Lake	8
MAT Site	7
Section 8 Housing	7
Playground	6
Shelter	5
Football Field	4
Peer Support Provider	4
SUD or Gambling Treatment Center	4
Hospital	3
Other Sports Facilities	3
Soccer Field	3
Outdoor Basketball Court	2
Recovery Housing	2
College or University	1

Resource Type	Total Resources
Family Support Specialist	1
Intimate Partner Violence Program	1
Library	1
Mental & Behavioral Health Center	1
Public Park	1
SUD Recovery Coach	1
VA Hospital or Clinic	1
Workforce Development Office	1
YMCA	1
NA	1

SAMHSA Dimensions of Recovery Resources

As defined by SAMHSA, recovery is “A process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential.” Because recovery is holistic and can look different for everybody, the SAMHSA Dimensions of Recovery listed below help identify the different aspects of life that impact recovery and the different resources that are useful in supporting recovery. The following maps identify resources in Mason City that fit into each of those dimensions of recovery.

The SAMHSA Dimensions of Recovery include ([Click here for more information](#)⁶):

- **Community** (Peer Support–Specialists and Coaches, Recovery Organizations–Community and Collegiate, Mutual Aid Meetings, Libraries, Parks and Playgrounds, Lakes and Beaches, Trails, Sports Facilities)
- **Health** (Access Centers, Drug Drop Off Sites, Hospitals and Clinics, MAT Sites, Mental & Behavioral Health Centers, SUD and Gambling Treatment Centers, YMCA Gyms)
- **Home** (Childcare Providers, Recovery Housing, Section Eight Housing, Shelters, Intimate Partner Violence Programs)
- **Purpose** (Workforce Development Offices, Colleges and Universities, K-12 Schools, Places of Worship)

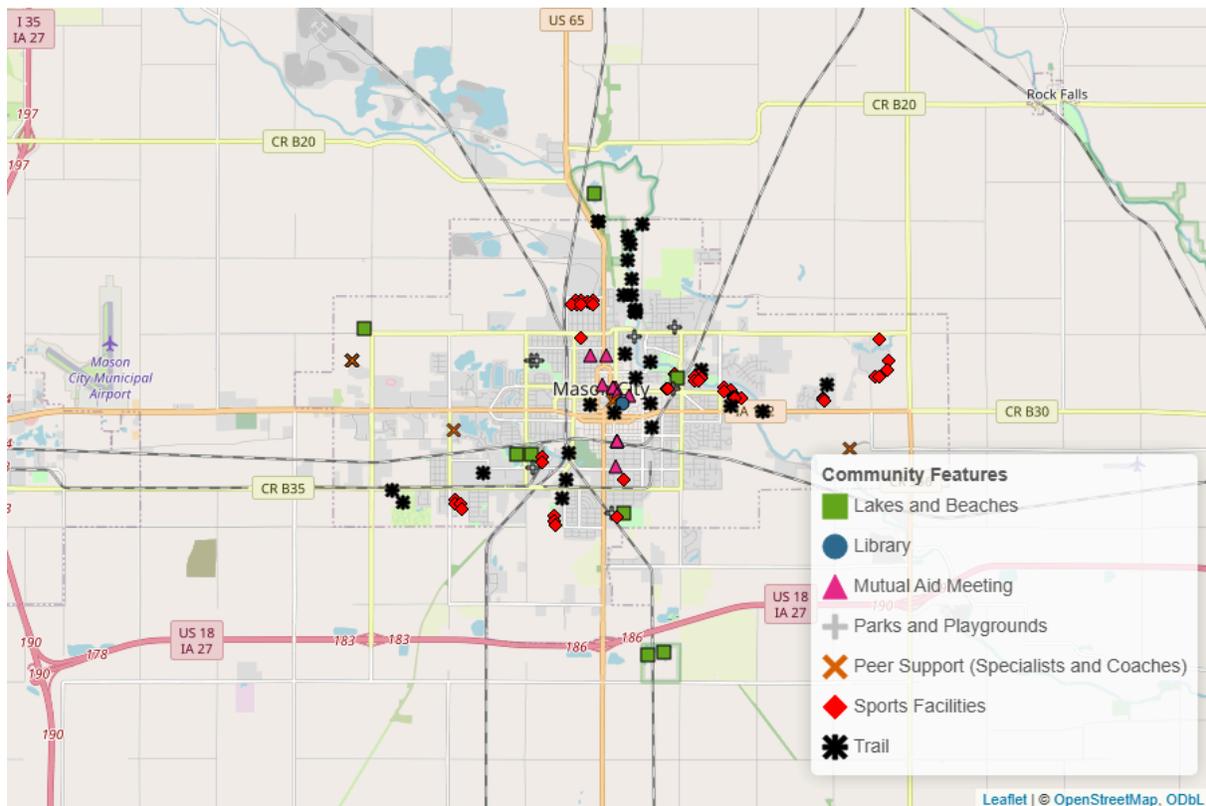


Figure 3: Community Resources in Mason City

⁶<https://library.samhsa.gov/sites/default/files/pep12-recdef.pdf>

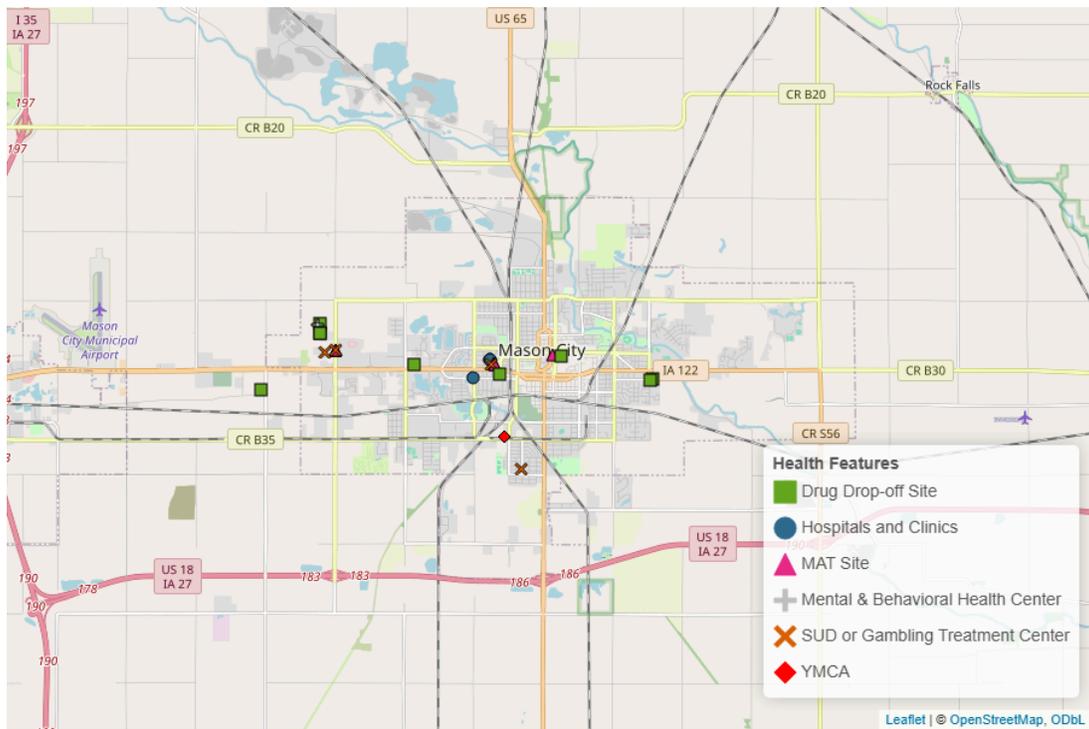


Figure 4: Health Resources in Mason City

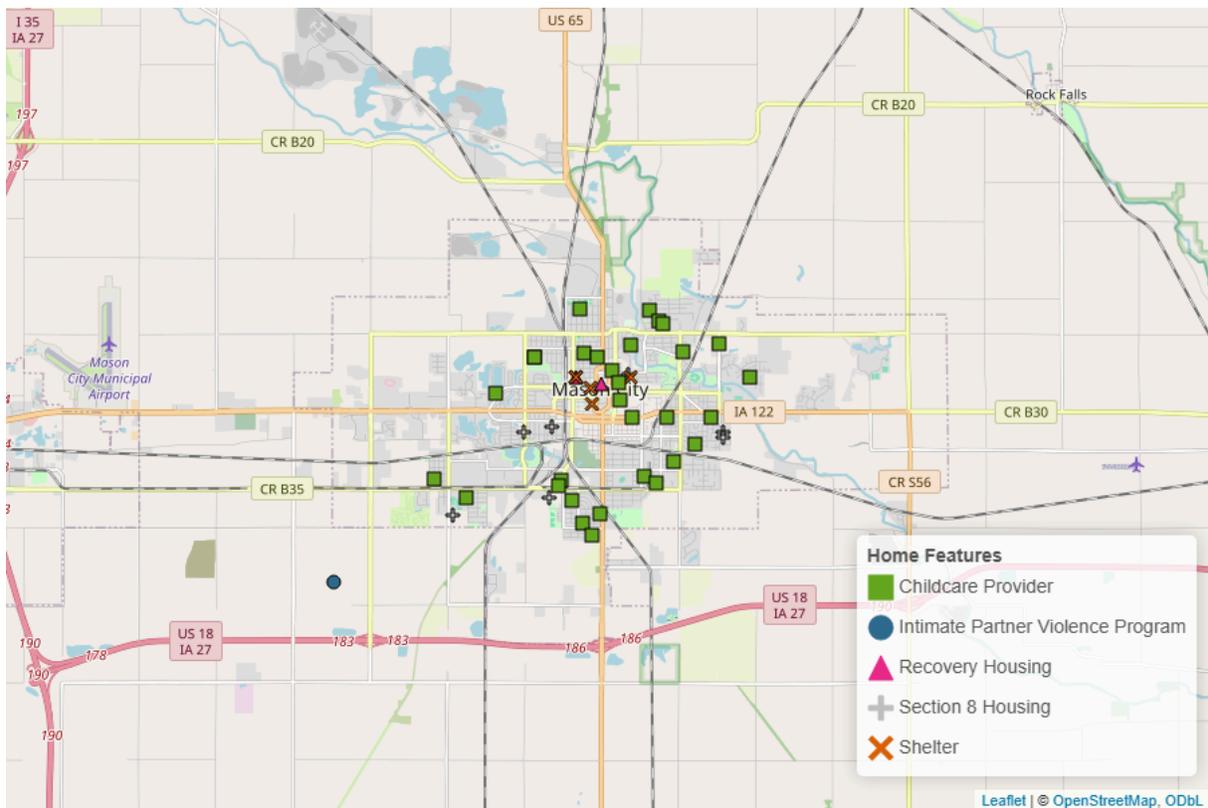


Figure 5: Home Resources in Mason City

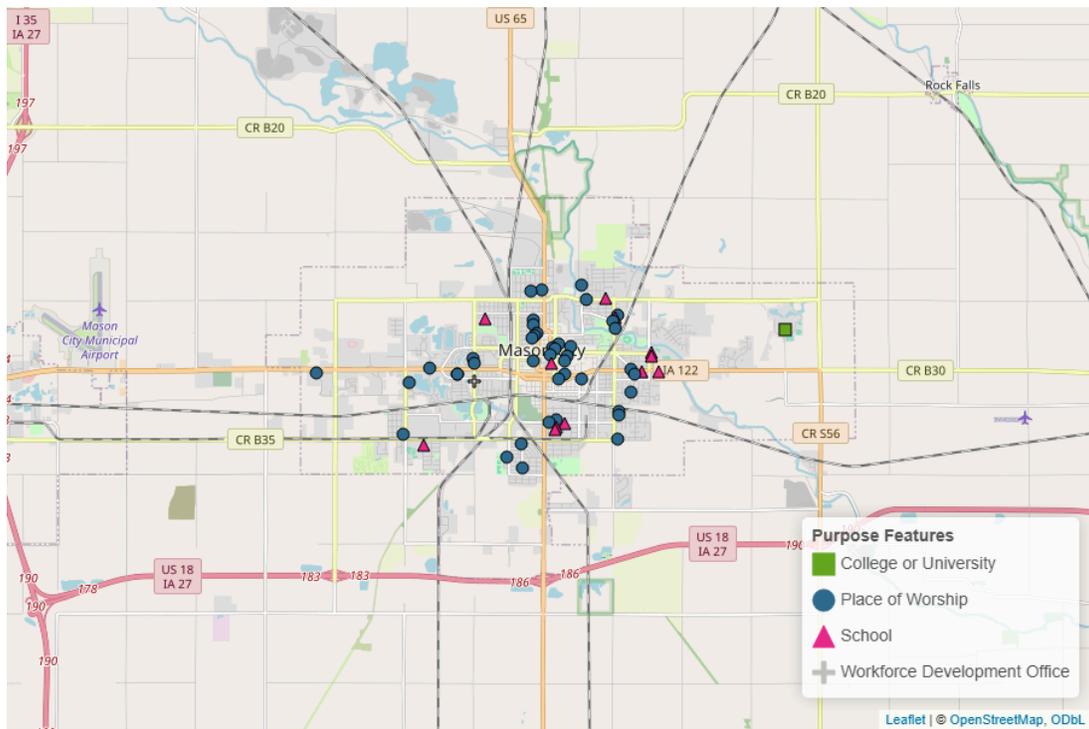


Figure 6: Purpose Resources in Mason City

Social Determinants of Health Recovery Resources

The Social Determinants of Health is an established framework for thinking about the conditions of a person's life that contribute to their overall well-being. For example, a family that living in an area with limited resources supporting families and children (such as childcare providers and parks or playgrounds) may experience other struggles as a result, like increased transportation costs that place stressors on a family's finances. These maps can also be used in conjunction with the population data in the next section to help identify vulnerable populations and neighborhoods. Neighborhoods with health and substance use vulnerabilities may need greater access to specific supporting resources.

The SDOH categories include ([Click here for more information](#)⁷):

- **Health Care Access and Quality** (Access Centers, Drug Drop Off Sites, Hospitals and Clinics, MAT Sites, Mental & Behavioral Health Centers, SUD and Gambling Treatment Centers)
- **Social and Community Context** (Peer Support–Specialists and Coaches, Recovery Organizations–Community and Collegiate, Intimate Partner Violence Programs, Mutual Aid Meetings, Places of Worship)
- **Neighborhood and Built Environment** (Libraries, Parks and Playgrounds, YMCA Gyms, Lakes and Beaches, Trails, Sports Facilities)
- **Education Access and Quality** (Colleges and Universities, K-12 Schools)
- **Economic Stability** (Childcare Providers, Recovery Housing, Section Eight Housing, Shelters, Work-force Development Offices)

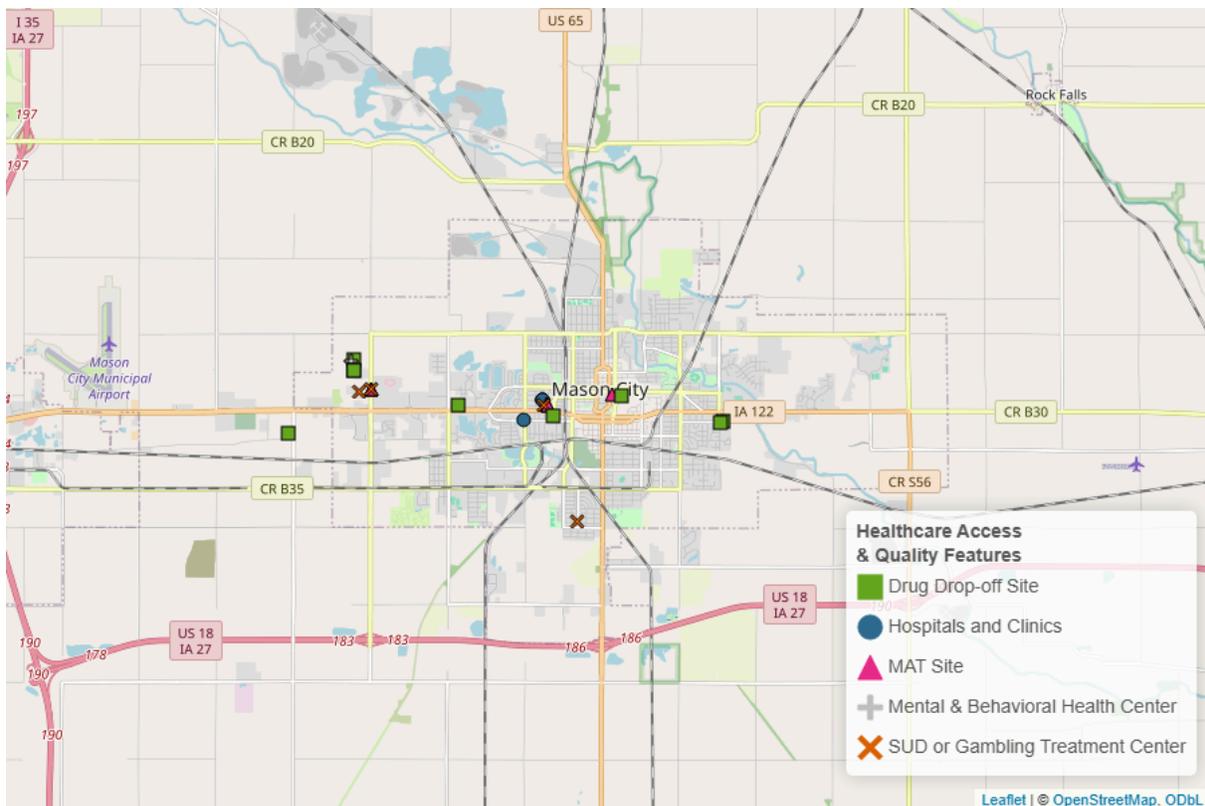


Figure 7: Health Care Access and Quality Resources in Mason City

⁷<https://health.gov/healthypeople/priority-areas/social-determinants-health>

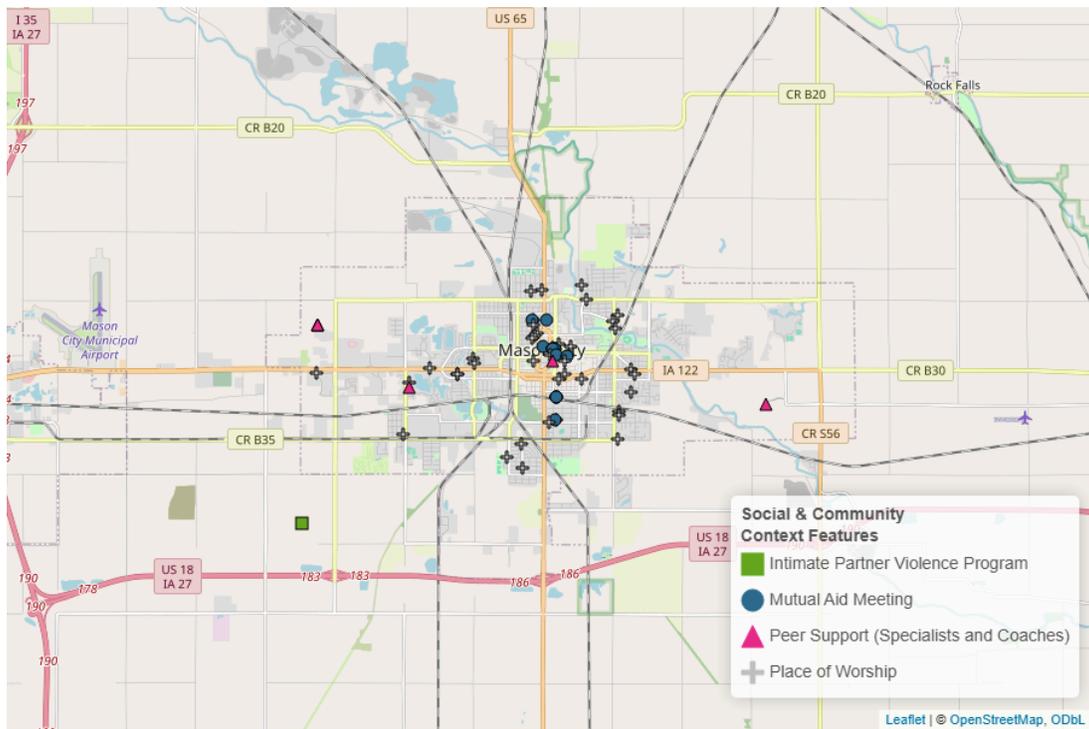


Figure 8: Social and Community Context Resources in Mason City

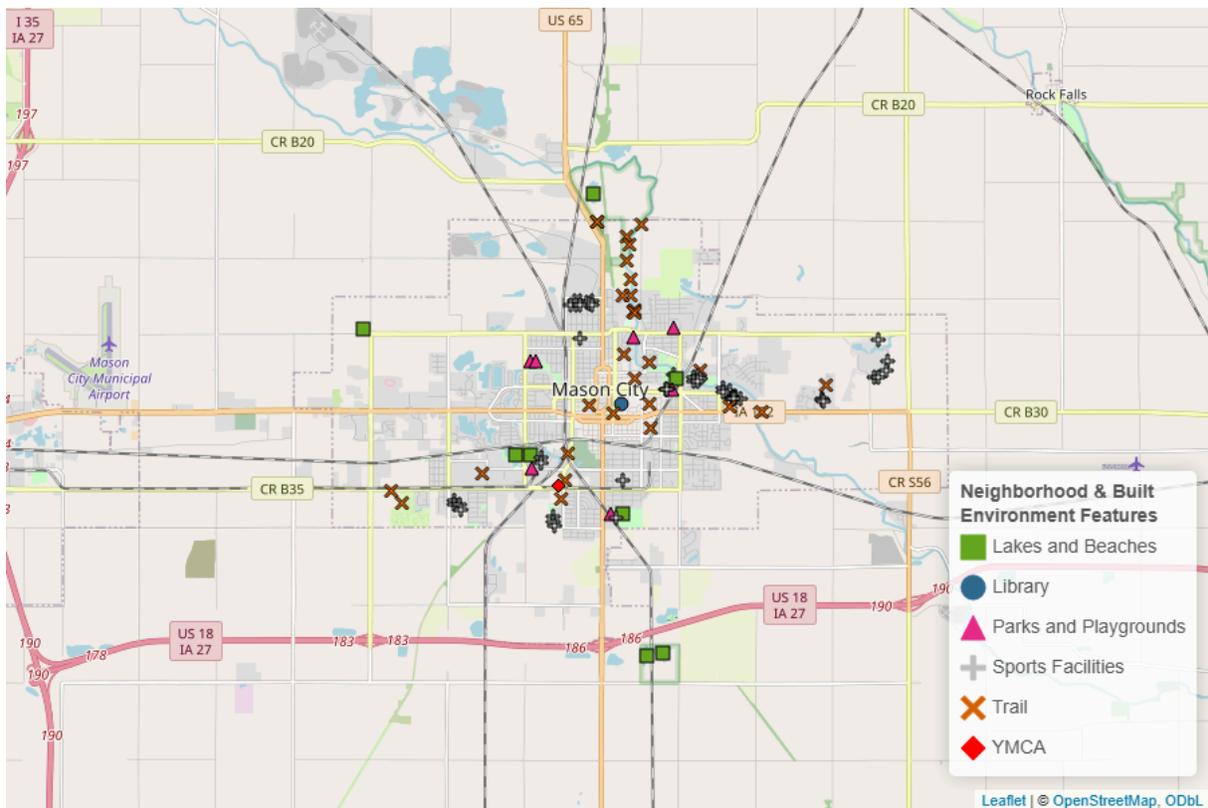


Figure 9: Neighborhood and Built Environment Resources in Mason City

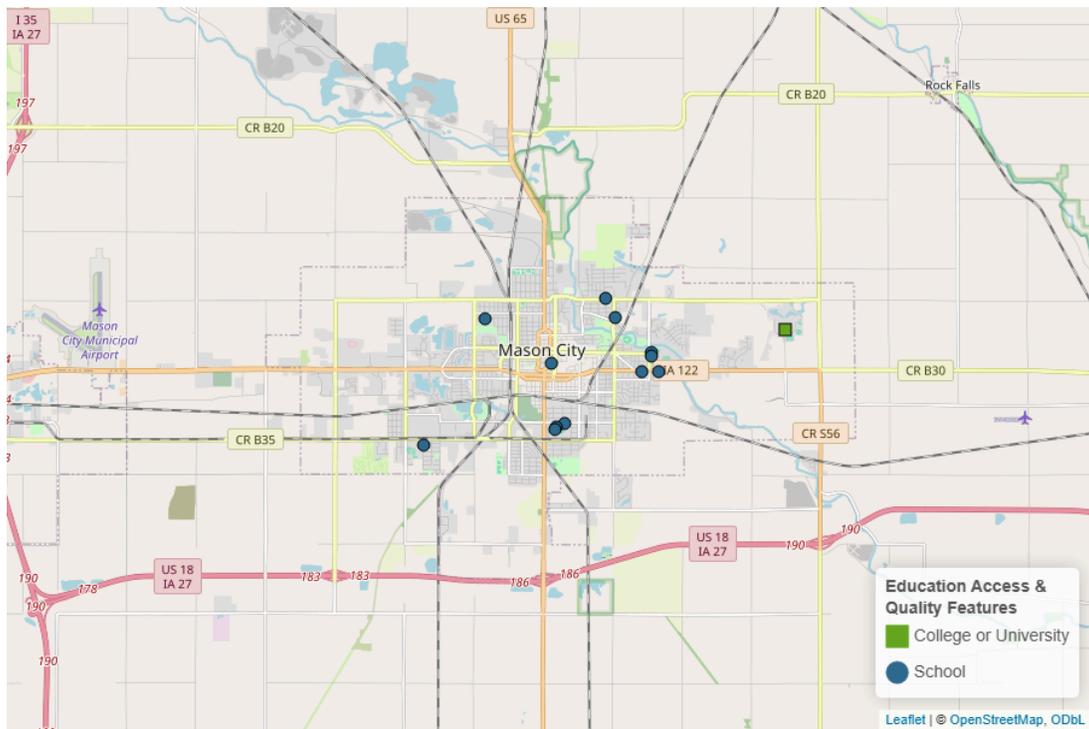


Figure 10: Education Access and Quality Resources in Mason City

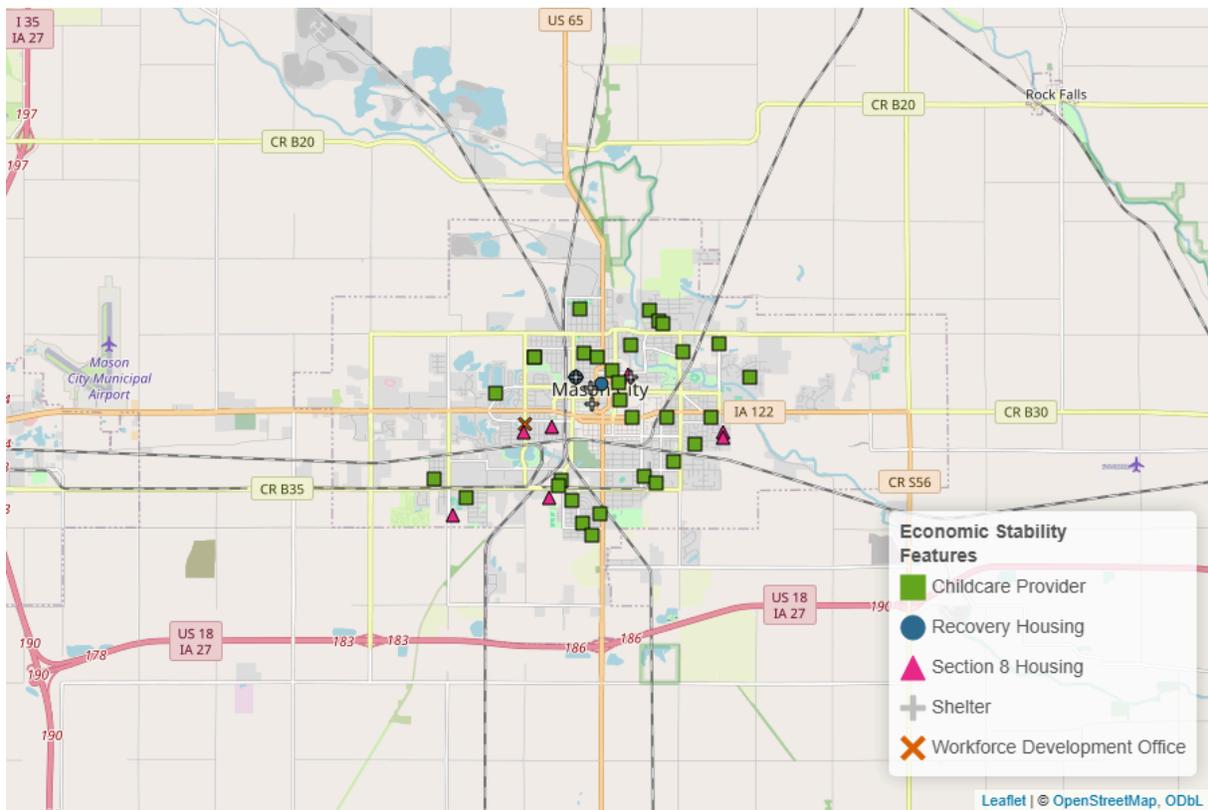


Figure 11: Economic Stability Resources in Mason City

Peer Support Providers

Peer support is an important kind of specialized support for people in recovery. Peer Support Providers include organizations that have trained staff members to provide specialized peer support. Some of these trained positions include peer support specialists, peer recovery coaches, and family peer support specialists. The “What is Recovery?” section at the beginning of this report has more information about each. All types of peer support are intended to provide individualized support through one-on-one meetings with people who have similar lived experience and are in recovery themselves. The [University of Iowa’s Peer Workforce Collaborative⁸](#) has more information about different types of peer support specialists and how people in recovery can themselves become peer support specialists.

Table 3 shows peer support provider organizations in behavioral health district 3. Organizations located in Mason City are listed first and highlighted in bold.

Table 3: Peer Support Providers in Behavioral Health District 3

City	Organization	Family Peer Support Specialists	Peer Recovery Coaches	Peer Support Specialists	Other
Mason City	Child Health Specialty Clinics (CHSC)	1	0	0	0
Mason City	Four Oaks	0	0	1	0
Mason City	Prairie Ridge Behavioral Health	0	1	1	1
Charles City	Plugged-In Iowa	0	0	1	0
Decorah	Child Health Specialty Clinics (CHSC)	1	0	0	0
Decorah	Northeast Iowa Behavioral Health	0	1	1	0
Decorah	Plugged-In Iowa	0	0	1	0
Hampton	Prairie Ridge Behavioral Health	0	0	1	0
Marshalltown	Center Associates	1	0	1	0
Marshalltown	Mid-Iowa Triumph Recovery Center	0	0	1	0
Marshalltown	Together We Can, Inc.	0	0	1	0
Oelwein	Child Health Specialty Clinics (CHSC)	1	0	0	0
Toledo	Plugged-In Iowa	0	0	1	0
Waverly	Pathways Behavioral Services	0	0	2	0

⁸<https://iowapeersupport.sites.uiowa.edu/>

Which Neighborhoods in Your Community Need Additional Health Resources and Support?

Substance Use Vulnerability

The Public Science Collaborative has developed data resources to help community organizations, local governments, and public health practitioners resources more effectively target substance use prevention, treatment, and recovery interventions to the places in greatest need. Geographic 'hot spots' identify places where local residents are at exceptionally high risk for substance use disorder. We used data from two sources, the Treatment Episode Admissions Datasets (TEDS-A) and the National Survey of Drug Use and Health (NSDUH) to uncover links between substance misuse and socio-demographic factors. The maps below use Census Bureau estimates of those same neighborhood characteristics by census tract. They display indexes for each substance, identifying areas that have the characteristics of vulnerable populations. These spots need focused resources to reduce health inequities. You can explore the maps interactively and learn more about the underlying models on PSC's [dashboard for substance use vulnerability](#).⁹

Identifying towns and neighborhoods with high or low risk of substance use can aid public health efforts. This knowledge helps us take targeted actions based on specific risks in those areas. To aid in this work, the following pages include substance use vulnerability maps for overall substance use, opioids, methamphetamine, heroin, alcohol, cannabis, cocaine, and benzodiazepines.

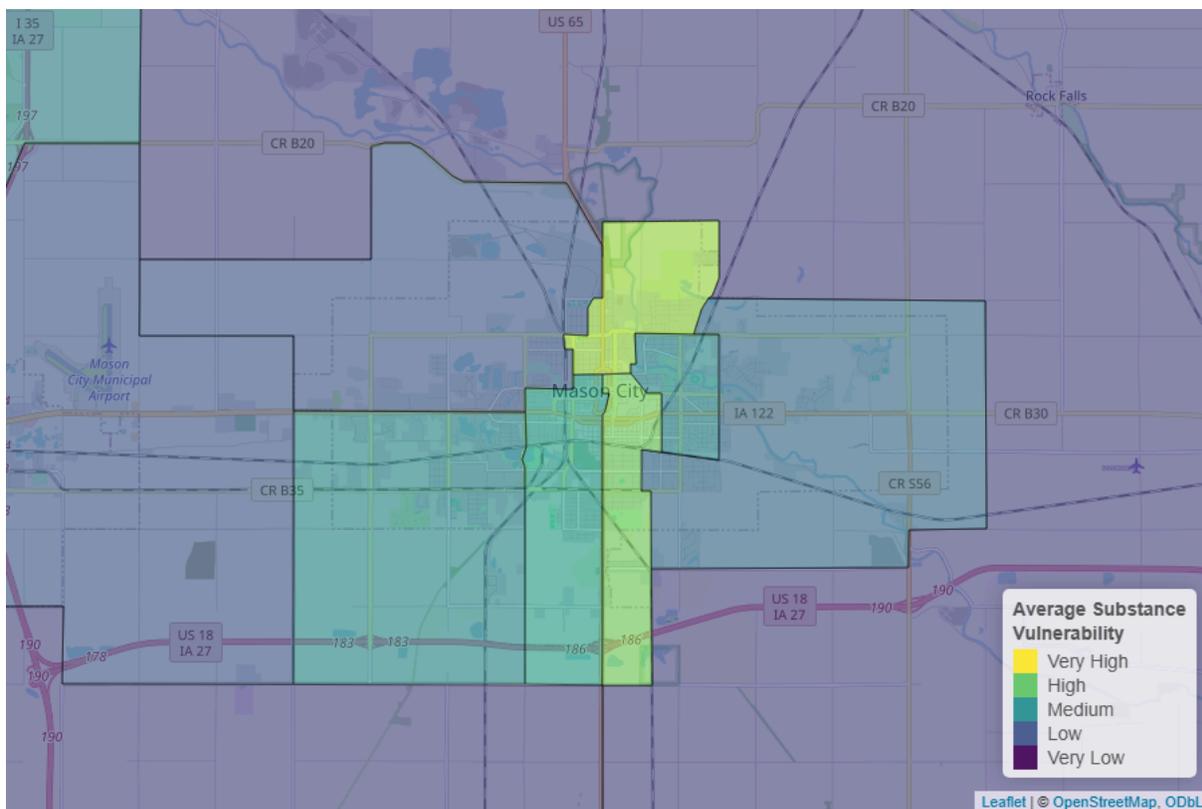


Figure 12: Overall Substance Use Vulnerability in Mason City

⁹https://publicsciencecollaborative.shinyapps.io/substance_use_vulnerability/

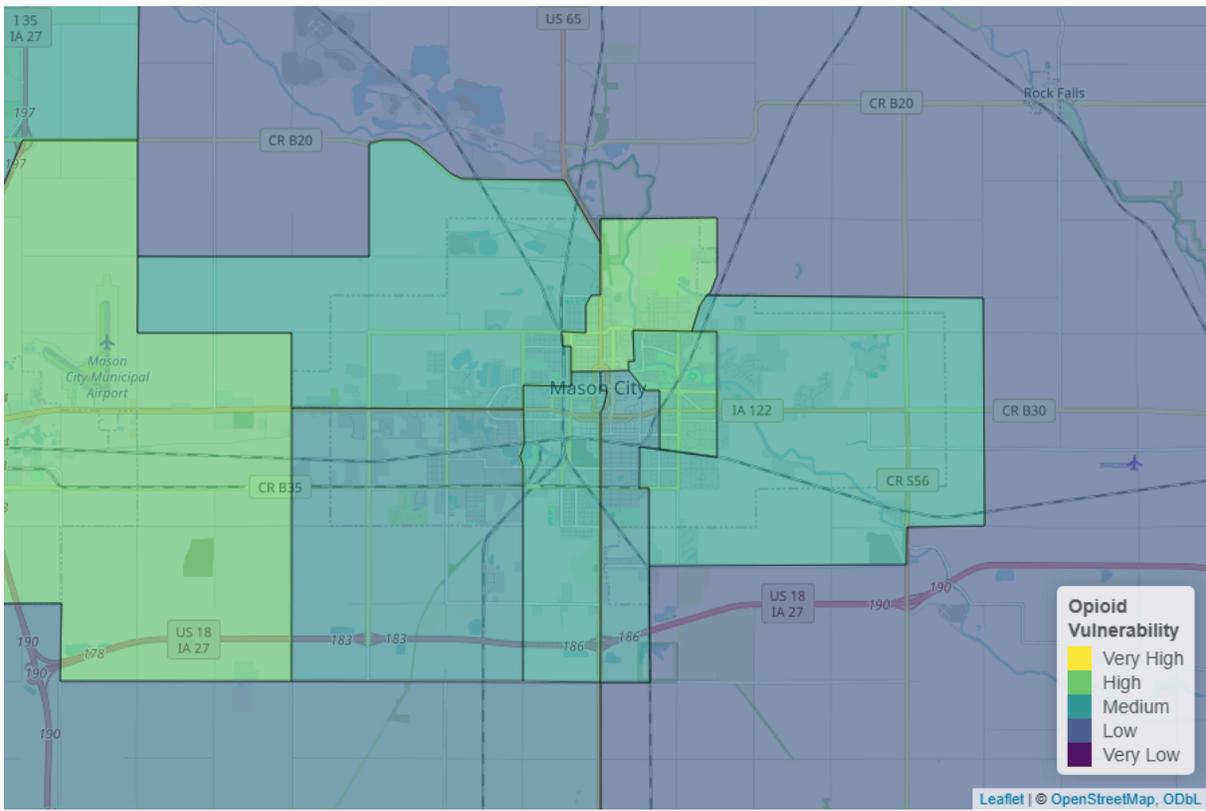


Figure 13: Opioid Vulnerability in Mason City

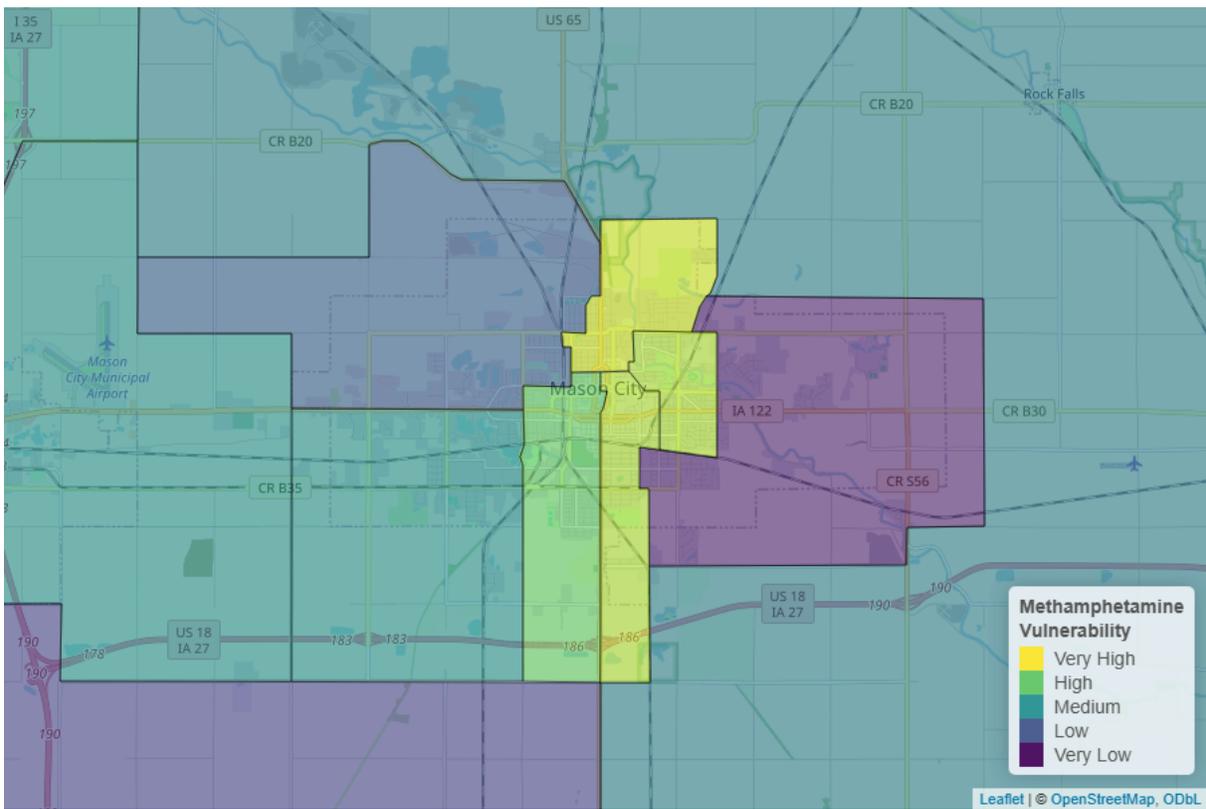


Figure 14: Methamphetamine Vulnerability in Mason City

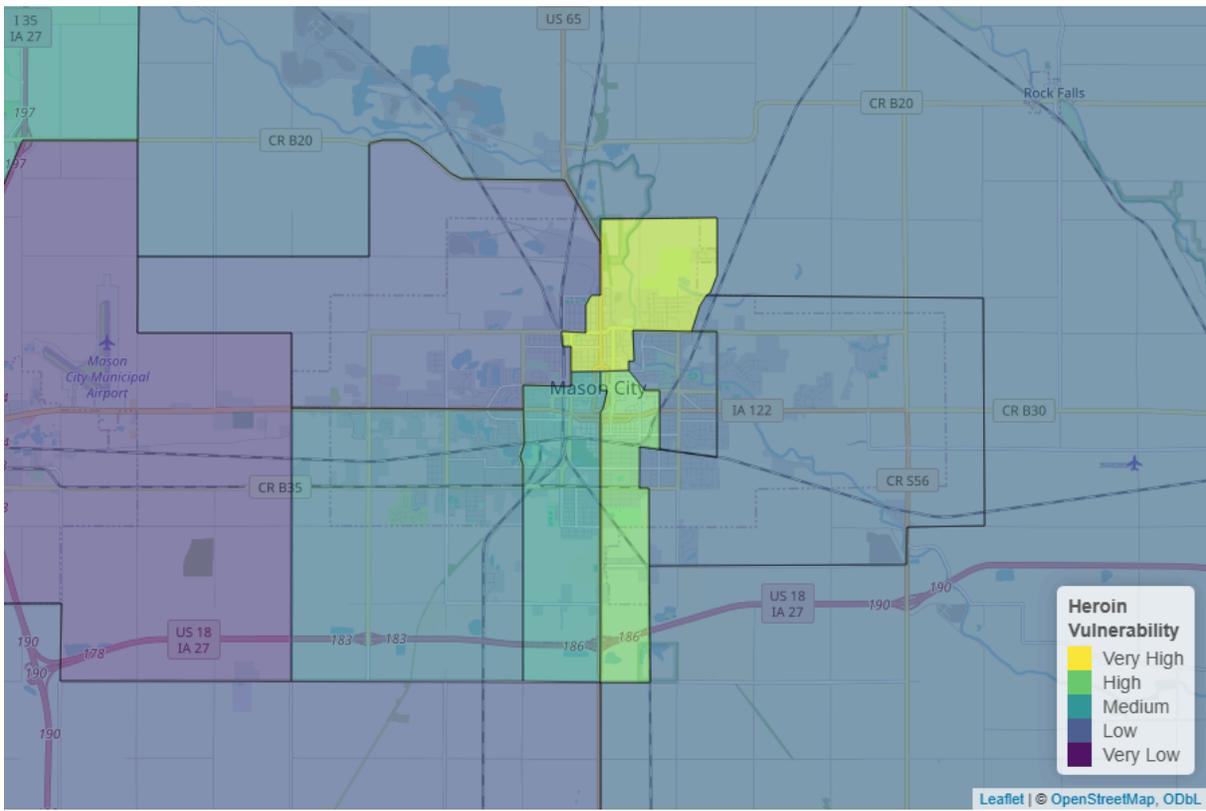


Figure 15: Heroin Vulnerability in Mason City

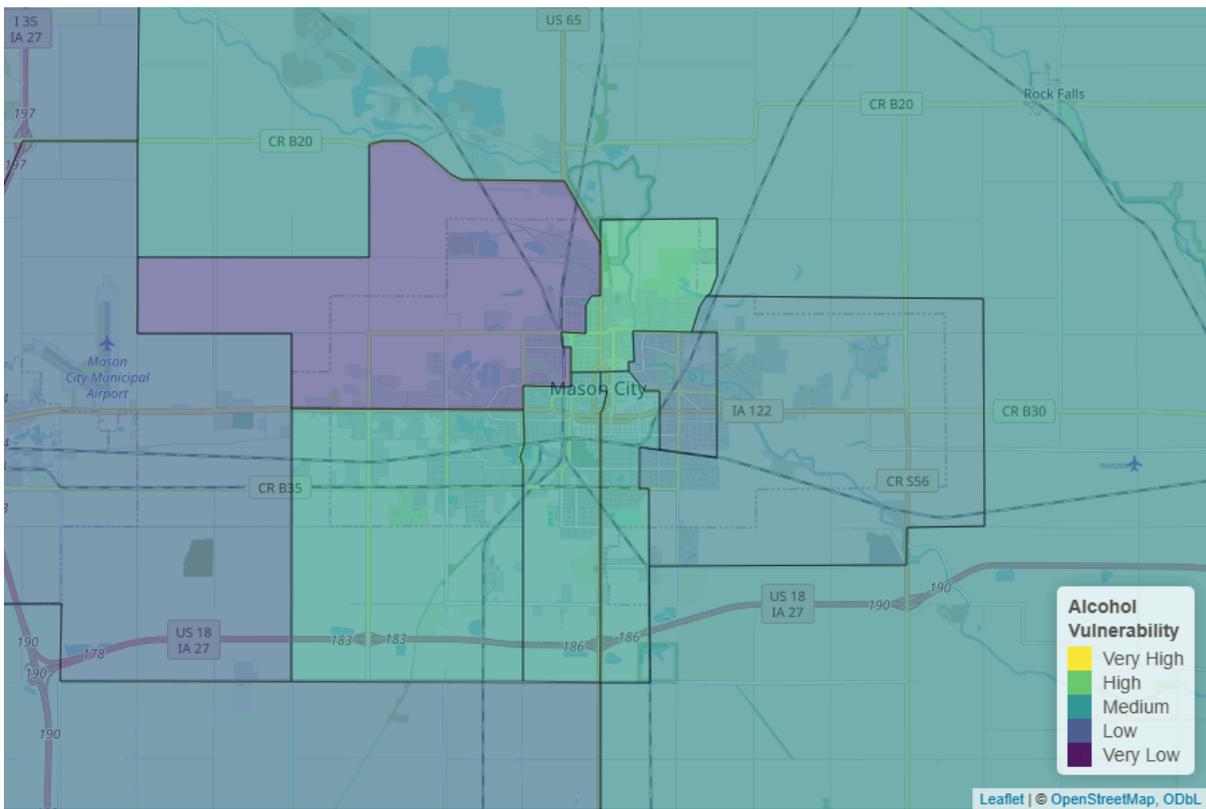


Figure 16: Alcohol Vulnerability in Mason City

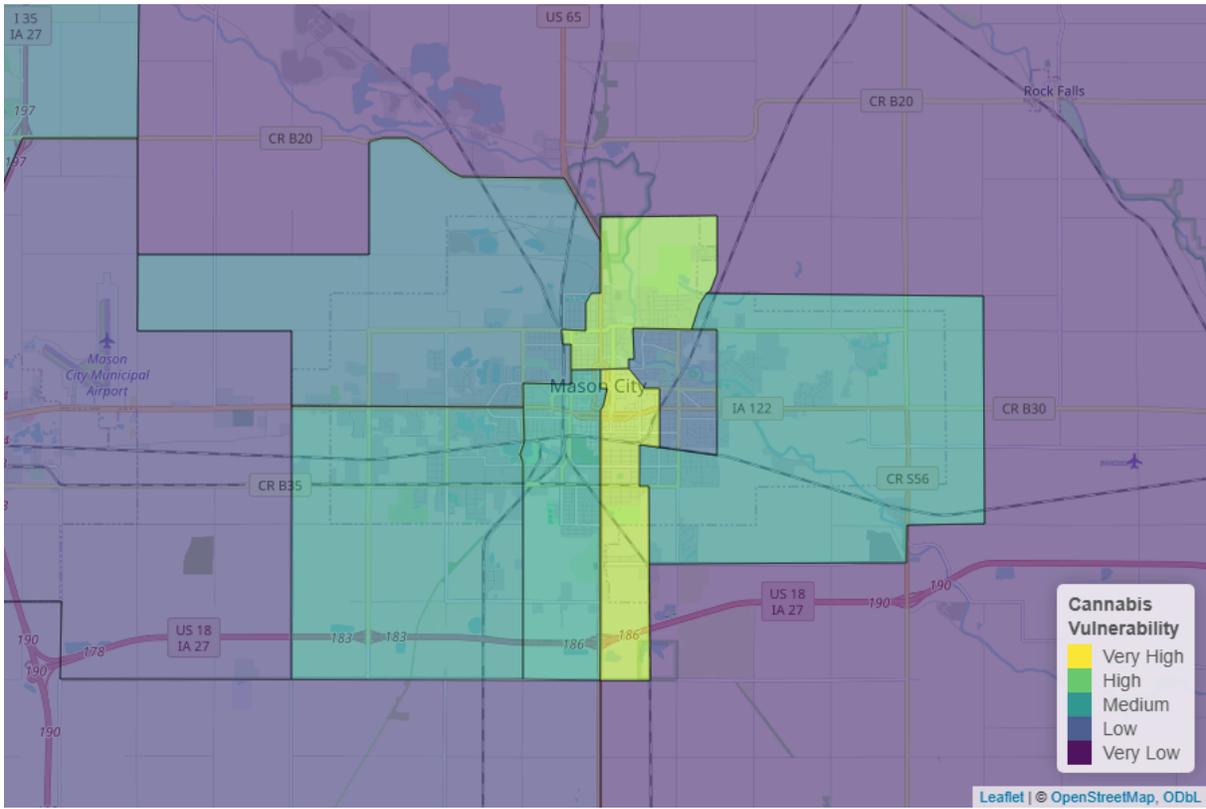


Figure 17: Cannabis Vulnerability in Mason City

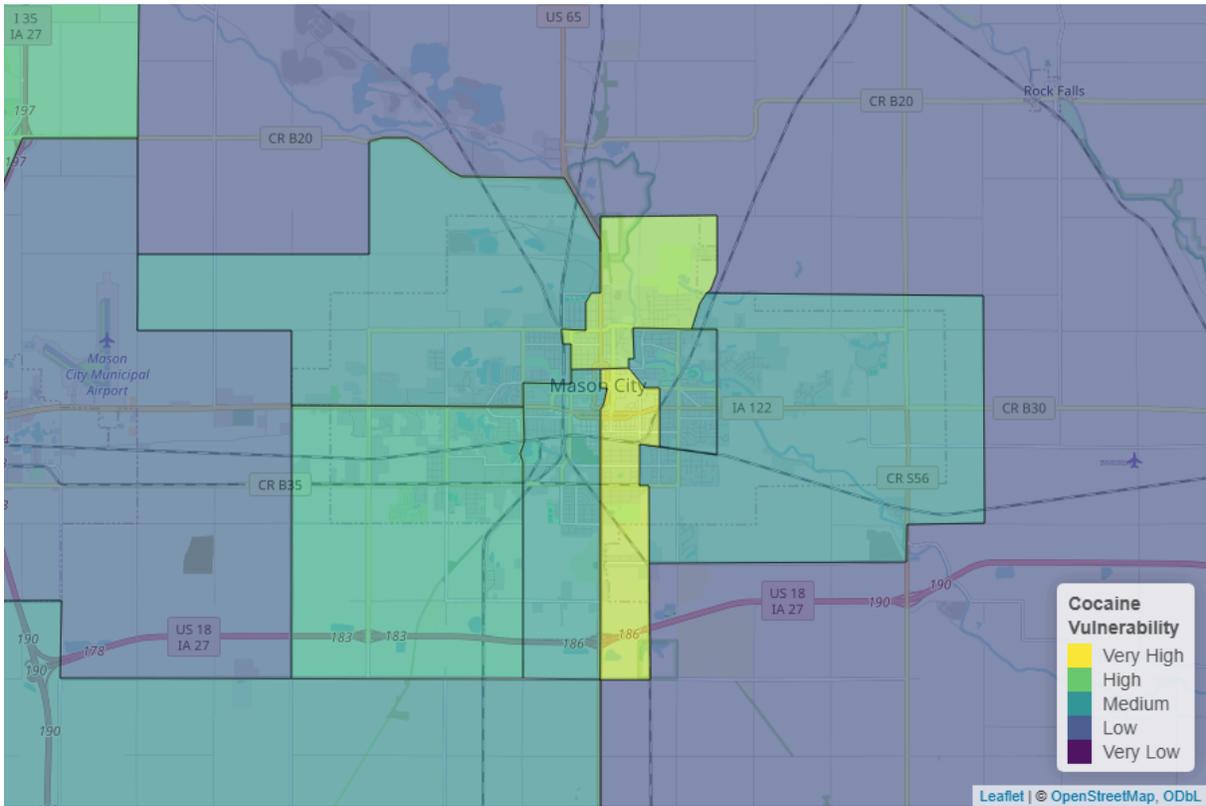


Figure 18: Cocaine Vulnerability in Mason City

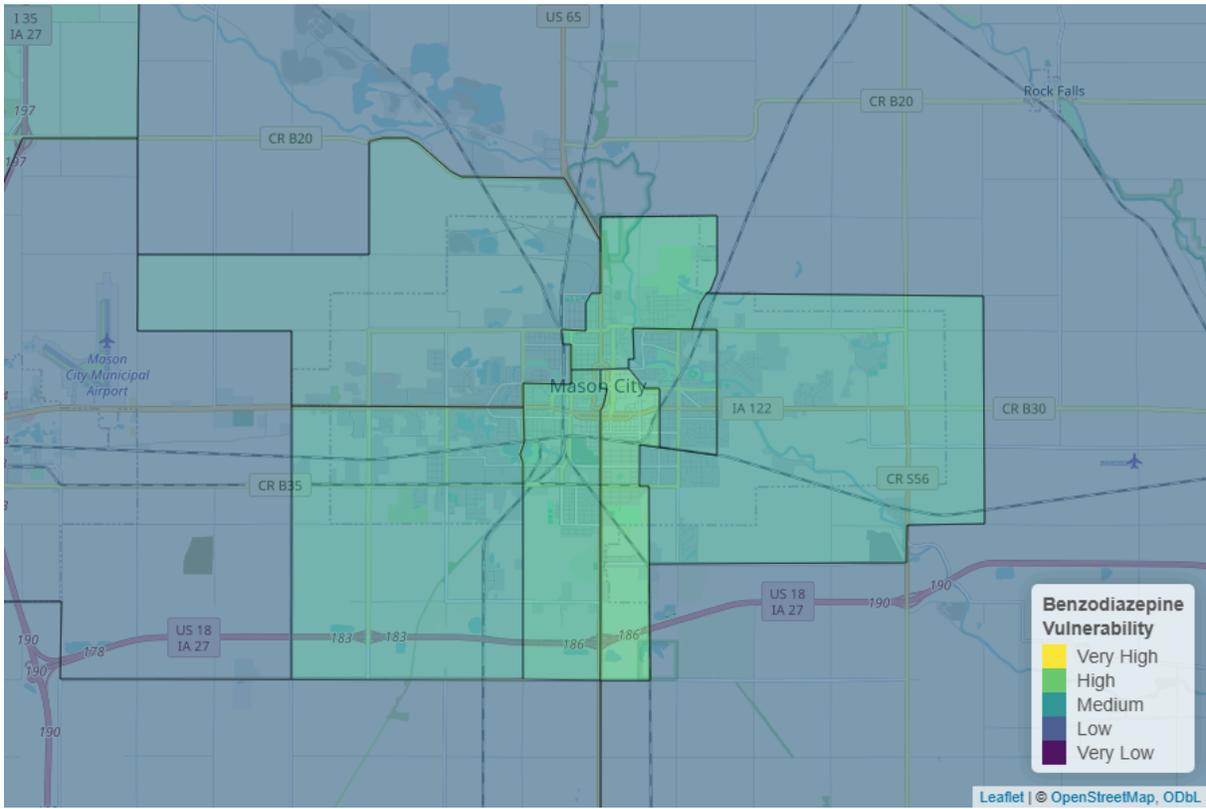


Figure 19: Benzodiazepine Vulnerability in Mason City

Social Determinants of Health

In addition to the substance use vulnerability maps above, the Public Science Collaborative also explored overall health vulnerabilities and disparities in Mason City, using the social determinants of health. By social determinants, we refer to social and environmental risks that impact a person's overall health and well-being. For example, in places with high average levels of education and low unemployment rates, people usually enjoy better health. In areas with low average incomes and high single parenting rates, health often suffers. Understanding social determinants of health can help community organizations and governments. It shows where there are neighborhoods that can benefit most from targeted investment to reduce health disparities. You can interactively explore social determinants of health across the state and look at individual components on [PSC's SDOH Dashboard](https://publicsciencecollaborative.shinyapps.io/sdoh/).¹⁰

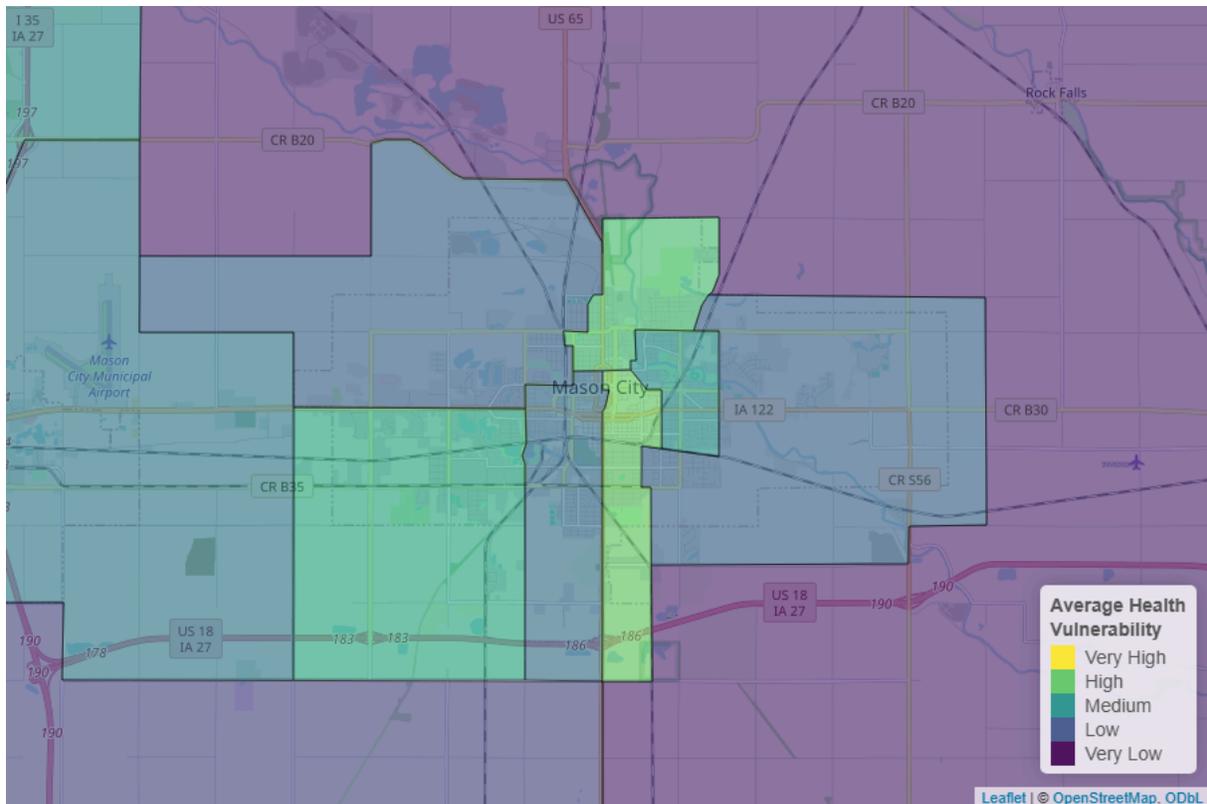


Figure 20: Overall Health Vulnerability in Mason City

¹⁰<https://publicsciencecollaborative.shinyapps.io/sdoh/>

Appendix 1: Data Used in this Report

The data used in this report is a variety of recovery, community, and well-being resources that can be useful for individuals in recovery. To collect this data, we used public resources, including government agencies and recovery websites. The data sources can be found in the table below. Our collection of data may not cover every single resource in Iowa, but it represents the primarily publicly available data found through our research and following the advice of substance use experts and researchers. This data was acquired through several ways: simple downloads, manual data entry, computer reading of PDF files, scraping websites, and utilization of APIs.

There are also several resource finder tools to help find a specific resource in an area, including the [Recovery Resource Finder](#),¹¹ [Well-Being Resource Finder](#),¹² and [Physical Activity Resource Finder](#).¹³

Table 4: Recovery Resource Data Sources

Resource Type	Source
Beach	Iowa DNR
Library	Institute of Museum and Library Services
Playground	OpenStreetMap
Public Park	OpenStreetMap
Trail	OpenStreetMap
Outdoor Basketball Court	OpenStreetMap
Football Field	OpenStreetMap
Soccer Field	OpenStreetMap
Baseball/Softball Diamond	OpenStreetMap
Tennis Court	OpenStreetMap
Pickleball Court	OpenStreetMap
Outdoor Volleyball Court	OpenStreetMap
Other Sports Facilities	OpenStreetMap
Family Support Specialist	Wellpoint Peer Support Inventory
Mutual Aid Meeting	Various Websites
Peer Support Provider	Wellpoint Peer Support Inventory
Recovery Organizations (Community and Collegiate)	Manual Addition
SUD Recovery Coach	Wellpoint Peer Support Inventory
Lake	Iowa DNR
Access Center	Manual Addition
Drug Drop-off Site	Iowa Geodata
Hospital	Iowa Medicaid Provider Search
MAT Site	SAMHSA
Mental & Behavioral Health Center	Iowa DHHS
Rural Health Clinic	Iowa Association of Rural Health Clinics

¹¹<http://public-science.org/recoveryresources>

¹²<http://public-science.org/communityresources>

¹³<http://public-science.org/physicalactivity>

Resource Type	Source
SUD or Gambling Treatment Center	Iowa DHHS
VA Hospital or Clinic	U.S. Department of Veterans Affairs
YMCA	Heartland YMCA Alliance
Childcare Provider	Iowa DHHS
Recovery Housing	Iowa DHHS
Section 8 Housing	U.S. Department of Housing and Urban Development
Shelter	Homeless Shelters Directory
Intimate Partner Violence Program	Iowa Coalition Against Domestic Violence
Workforce Development Office	Iowa Workforce Development
College or University	Wikipedia
School	Iowa Department of Education
Place of Worship	ExpertGPS.com
State Park	Iowa DNR

Appendix 2: RRCI Rankings for Cities in Behavioral Health District 3

Table 5 adds on to the Recovery Ready Community Index data found earlier in the report. This table includes all 47 cities in behavioral health district 3 that have more than 1,000 people. The table is sorted by population, to help enable comparisons between cities in the district of similar sizes. You can use the information to see the relative strengths and weaknesses of communities across the district. Cities located in Cerro Gordo County, including Mason City, are bolded.

Table 5: RRCI in Behavioral Health District 3 Cities

City	Population	Pop. Group Rank	RRCI	Resource Abundance-Absolute	Resource Abundance-Relative	Recovery Culture
Marshalltown	27,491	31 (out of 31)	60.4	178	64.7	2.5
Mason City	27,135	13 (out of 31)	65.2	229	84.4	4.8
Waverly	10,446	2 (out of 31)	76.4	153	146.5	5.7
Clear Lake	7,603	79 (out of 103)	61.4	65	85.5	2.6
Decorah	7,597	4 (out of 103)	77.5	116	152.7	6.6
Charles City	7,321	11 (out of 103)	74.3	92	125.7	10.9
Oelwein	5,878	54 (out of 103)	66.1	60	102.1	5.1
Iowa Falls	5,062	67.5 (out of 103)	63.4	53	104.7	2.0
Hampton	4,311	51 (out of 103)	66.5	52	120.6	2.3
Cresco	3,901	7 (out of 103)	76.2	59	151.2	7.7
Waukon	3,796	38.5 (out of 103)	68.0	49	129.1	2.6
Osage	3,578	30 (out of 103)	69.5	42	117.4	8.4
New Hampton	3,462	33 (out of 103)	69.0	46	132.9	2.9
Tama	3,079	28 (out of 103)	69.9	39	126.7	6.5
Grundy Center	2,794	46.5 (out of 103)	67.1	32	114.5	7.2
Postville	2,787	100 (out of 103)	29.9	22	78.9	0.0
Eldora	2,622	37 (out of 103)	68.1	34	129.7	3.8
West Union	2,393	8 (out of 145)	83.3	47	196.4	12.5
Denver	2,216	34 (out of 145)	72.8	34	153.4	4.5
Sumner	2,159	36 (out of 145)	71.3	29	134.3	9.3
Toledo	2,079	81 (out of 145)	47.0	34	163.5	0.0
Reinbeck	1,805	119 (out of 145)	34.2	20	110.8	0.0
Parkersburg	1,747	25 (out of 145)	77.3	32	183.2	5.7
Guttenberg	1,675	72 (out of 145)	50.0	32	191.0	0.0
Nashua	1,634	55 (out of 145)	59.7	17	104.0	6.1
Shell Rock	1,634	125 (out of 145)	32.9	18	110.2	0.0
Monona	1,618	112 (out of 145)	36.5	20	123.6	0.0
Dysart	1,575	41 (out of 145)	67.5	21	133.3	6.3
Ackley	1,554	88 (out of 145)	44.6	25	160.9	0.0

City	Population	Pop. Group Rank	RRCI	Resource Abundance-Absolute	Resource Abundance-Relative	Recovery Culture
State Center	1,548	113 (out of 145)	36.0	19	122.7	0.0
Traer	1,464	64 (out of 145)	53.5	12	82.0	6.8
Strawberry Point	1,415	52 (out of 145)	61.3	16	113.1	7.1
Nora Springs	1,394	107 (out of 145)	38.5	19	136.3	0.0
Greene	1,390	127 (out of 145)	32.6	16	115.1	0.0
Dike	1,258	18 (out of 145)	79.4	26	206.7	7.9
Tripoli	1,256	3 (out of 145)	85.6	35	278.7	8.0
Elkader	1,249	2 (out of 145)	86.9	38	304.2	8.0
Clarksville	1,248	28.5 (out of 145)	75.3	22	176.3	8.0
Fayette	1,242	59 (out of 145)	56.9	37	297.9	0.0
Sheffield	1,204	95 (out of 145)	42.2	19	157.8	0.0
Conrad	1,170	102 (out of 145)	40.6	18	153.8	0.0
St. Ansgar	1,156	19 (out of 145)	79.3	24	207.6	8.7
Lansing	1,111	22 (out of 145)	79.0	23	207.0	9.0
Fredericksburg	1,040	38 (out of 145)	69.7	16	153.8	9.6
Allison	1,028	9 (out of 145)	82.6	25	243.2	9.7
Aplington	1,012	109 (out of 145)	38.0	15	148.2	0.0
Janesville	1,012	73 (out of 145)	49.7	22	217.4	0.0

Appendix 3: Mutual Aid Meetings In Mason City

Table 6: Mutual Aid Meeting Directory in Mason City

Meeting Type	Group	Address	Weekly Meeting #
Alcoholics Anonymous	<u>Mason City Clubhouse Group</u>	207 8th Pl SE, Mason City, IA 50401, USA	14
Alcoholics Anonymous	<u>Mason City Clubhouse Group(Women Only)</u>	207 8th Pl SE, Mason City, IA 50401, USA	1
Alcoholics Anonymous	<u>Pioneer Group</u>	100 1st St NE, Mason City, IA 50401, USA	1
Alcoholics Anonymous	<u>Puttin Sober Group</u>	721 N Federal Ave, Mason City, IA 50401, USA	3
Alcoholics Anonymous	<u>SBRLFE Group</u>	125 E State St, Mason City, IA 50401, USA	1
Alcoholics Anonymous	<u>Thursday Noon 12 x 12 Group</u>	120 1st St NE, Mason City, IA 50401, USA	1
Al-Anon	Mason City AFG	207 8th Pl SE, Mason City, IA, 50401, USA	2
Al-Anon	West Alley AFG	120 First St NE, Mason City, IA, 50401, USA	1
Celebrate Recovery	Praise Community Church	11 - 2nd St NW, Mason City, IA 50401	1
Narcotics Anonymous	HOW	329 E State St, Mason City, IA 50401, USA	2
Narcotics Anonymous	Mixed Nuts	207 8th Pl SE, Mason City, IA 50401, USA	3
Narcotics Anonymous	More Will Be Revealed	100 1st St NE, Mason City, IA 50401, USA	2
Nar-Anon	Mason City NFG	1405 South Pennsylvania Avenue Mason City, Iowa 50401	1

Appendix 4: Resources In Mason City

Table 7: Recovery Resource Directory in Mason City

Resource Type	Name	Address
Baseball/Softball Diamond	Roosevelt Field	Mason City, Cerro Gordo County, Iowa, 50401, United States
Baseball/Softball Diamond	25 Baseball/Softball Diamonds	Mason City, Cerro Gordo County, Iowa, 50401, United States
Outdoor Basketball Court	2 Outdoor Basketball Courts	Mason City, Cerro Gordo County, Iowa, 50401, United States
Childcare Provider	<u>At Home Education Services dba Kindershaus</u>	213 1st St SE, Mason City, IA, 50401
Childcare Provider	<u>Christine Foth</u>	422 5th ST SE, Mason City, IA, 50401
Childcare Provider	<u>Crystal Cary</u>	1705 S Hampshire AVE, Mason City, IA, 50401
Childcare Provider	<u>Cynthia Meyer</u>	1712 S Coolidge AVE, Mason City, IA, 50401
Childcare Provider	<u>Elizabeth Koopman</u>	915 S Tennessee Place, Mason City, IA, 50401
Childcare Provider	<u>Heather Perry</u>	1525 S Carolina AVE, Mason City, IA, 50401
Childcare Provider	<u>Hoover Preschool - Mason City CSD</u>	1123 8th Street NW, Mason City, IA, 50401
Childcare Provider	<u>Jennifer Carson</u>	403 20th PL SW, Mason City, IA, 50401
Childcare Provider	<u>Joann Galliant</u>	115 Woodbine RD, Mason City, IA, 50401
Childcare Provider	<u>Jodi Mariner</u>	401 10th ST NE, Mason City, IA, 50401
Childcare Provider	<u>Jodie Fistler</u>	909 13th ST SE, Mason City, IA, 50401
Childcare Provider	<u>Karen Klouse</u>	804 N Jefferson AVE, Mason City, IA, 50401
Childcare Provider	<u>Kimberly Clark</u>	24 24th ST SW, Mason City, IA, 50401
Childcare Provider	<u>Kristelyn Trujillo</u>	24 N Willowgreen CT, Mason City, IA, 50401
Childcare Provider	<u>Lea Baker</u>	119 28th ST SW, Mason City, IA, 50401
Childcare Provider	<u>Little Angel's Child Care and Preschool</u>	811 N Kentucky AVE, Mason City, IA, 50401
Childcare Provider	<u>Michelle Zeglen</u>	315 16th ST NW, Mason City, IA, 50401
Childcare Provider	<u>NICAO Head Start-Hoover</u>	1123 8th St NW, Mason City, IA, 50401
Childcare Provider	<u>Newman Childcare & Preschool</u>	2050 S McKinley, Mason City, IA, 50401
Childcare Provider	<u>Shawn Bohl</u>	820 5th ST SE, Mason City, IA, 50401
Childcare Provider	<u>Stefinie Wilmarth</u>	1421 N Hampshire AVE, Mason City, IA, 50401
Childcare Provider	<u>Stephanie Benhart</u>	232 26th ST SW, Mason City, IA, 50401
Childcare Provider	<u>Sugar Plum Preschool</u>	213 N Pennsylvania AVE, Mason City, IA, 50401

Resource Type	Name	Address
Childcare Provider	<u>Sunbeam Christian Child Care and Preschool</u>	419 N Delaware AVE, Mason City, IA, 50401
Childcare Provider	<u>TUG's Connection</u>	1421 4th Street SE, Mason City, IA, 50401
Childcare Provider	<u>TUG's Daycare & Preschool</u>	950 N Illinois AVE, Mason City, IA, 50401
Childcare Provider	<u>Tiffany Stump</u>	732 14th ST NE, Mason City, IA, 50401
Childcare Provider	<u>Tina Compton</u>	4 N Carolina CT, Mason City, IA, 50401
Childcare Provider	<u>Washington Charlie Brown PS and CC</u>	700 N Washington Ave, Mason City, IA, 50401
Childcare Provider	<u>West Town Charlie Brown</u>	1780 S Monroe Ave, Mason City, IA, 50401
Childcare Provider	<u>YMCA Summer Camp/After-School Program</u>	1840 S Monroe AVE, Mason City, IA, 50401
College or University	<u>North Iowa Area Community College</u>	500 College Dr, Mason City, IA 50401, USA
Drug Drop-off Site	Cerro Gordo County Sheriff Office	17262 Lark Avenue, Mason City, IA, 50401
Drug Drop-off Site	Genoa Healthcare	320 N. Eisenhower Ave, Mason City, IA, 50401
Drug Drop-off Site	Hy-Vee Drugstore	875 4th St SW, Mason City, IA, 50401
Drug Drop-off Site	Hy-Vee Pharmacy #1 (1410)	2400 Fourth Street SW, Mason City, IA, 50401
Drug Drop-off Site	Hy-Vee Pharmacy #2 (1413)	551 S. Illinois Avenue, Mason City, IA, 50401
Drug Drop-off Site	Mason City Police Department	78 South Georgia Ave, Mason City, IA, 50401
Drug Drop-off Site	MercyOne Regency 1138	6215 S. Illinois Ave, Mason City, IA, 50401
Drug Drop-off Site	MercyOne Westside 74	910 N Eisenhower Ave, Mason City, IA, 50401
Drug Drop-off Site	MercyOne Westside Pharmacy	910 N Eisenhower Ave, Mason City, IA, 50401
Family Support Specialist	<u>Community Regional Center</u>	687 S Taft Ave, Ste 1, Mason City, IA 50401
Football Field	4 Football Fields	Mason City, Cerro Gordo County, Iowa, 50401, United States
Hospital	Mercyone North Iowa Medical Ctr	1000 4th St SW, Mason City, IA 50401
Hospital	Mercyone North Iowa Medical Ctr	1000 4th St SW, Mason City, IA 50401
Hospital	Mercyone North Iowa Medical Ctr	1000 4th St SW, Mason City, IA 50401
Intimate Partner Violence Program	<u>Crisis Intervention Service</u>	PO Box 656, Mason City, IA 50401 , US
Lake	Black Pit	1519 10th St SW, Mason City, IA 50401
Lake	Blair Meadows Preserve Pond	1350 N Eisenhower Ave, Mason City, IA 50401
Lake	Blue Pit	1200 Meadowbrook Dr, Mason City, IA 50401
Lake	Clark Lake (Mike Zack W.A.)	16906 230th St, Mason City, IA 50401

Resource Type	Name	Address
Lake	Fin and Feather Lake	IA-27, Mason City, IA 50401
Lake	Georgia Hanford Park Ponds	2218 S Georgia Ave, Mason City, IA 50401
Lake	Lime Creek Conservation Area Pond	20323 Orchid Ave, Mason City, IA 50401
Lake	Mason City E Park Pond	1002 2nd St NE, Mason City, IA 50401
Library	Mason City Public Library	225 2nd St Se, Cerro Gordo, Mason City, IA, 50401
MAT Site	Debra Kay Groath NP	320 N Eisenhower, Mason City, IA, 50401
MAT Site	Dr. Patrick Alan Courtney MD	1010 4Th St Sw STE 340, Mason City, IA, 50401
MAT Site	Dr. Rogerio Miranda Ramos M.D.	250 South Crescent Drive Lower Level, Suite L10, Mason City, IA, 50401
MAT Site	Elaina Al-qaseer Alumno	Mercyone Family Medicine Residency 1010 4th Street SW, Suite 340, Mason City, IA, 50401
MAT Site	Mary Susan Dawson NP	320 N Eisenhower Avenue, Mason City, IA, 50401
MAT Site	Quentin Chambers NP	320 N Eisenhower Avenue, Mason City, IA, 50401
MAT Site	Shelby Renae Allen-Benitz NP	Prairie Ridge Integrated Behavioral Healthcare 320 N. Eisenhower Avenue, Mason City, IA, 50401
Mental & Behavioral Health Center	Prairie Ridge	320 N Eisenhower Ave, Mason City, IA 50401
NA	<u>Prairie Ridge Behavioral Healthcare</u>	320 N Eisenhower Ave, Mason City, IA 50401
Other Sports Facilities	3 Other Sports Facilities	Mason City, Cerro Gordo County, Iowa, 50401, United States
Public Park	12th Street Kayak/Canoe Launch	510 11th St NE, Mason City, IA 50401
Peer Support Provider	<u>Adult Integrated Health Home</u>	980 S Iowa Ave, Mason City, IA 50401
Peer Support Provider	<u>Adult Integrated Health Home</u>	320 N Eisenhower Ave, Mason City, IA 50401
Peer Support Provider	<u>Prairie Ridge Downtown Drop-In Center</u>	112 2nd St SE, Mason City, IA 50401
Peer Support Provider	<u>1 Peer Support Provider</u>	320 N Eisenhower Ave, Mason City, IA 50401
Place of Worship	<u>Adas Israel Synagogue</u>	620 N Adams Ave, Mason City, IA 50401, USA
Place of Worship	<u>Bethlehem Lutheran Church</u>	119 5th St NE, Mason City, IA 50401, USA
Place of Worship	<u>Calvary Alliance Church</u>	132 4th St NE, Mason City, IA 50401, USA
Place of Worship	<u>Christian Fellowship Church</u>	637 S Taft Ave, Mason City, IA 50401, USA
Place of Worship	<u>Church of Christ</u>	940 Birch Dr, Mason City, IA 50401, USA

Resource Type	Name	Address
Place of Worship	<u>Faith Baptist Church</u>	1807 Kentucky Ave, Mason City, IA 50401, USA
Place of Worship	<u>First Assembly of God Church</u>	1447 N Carolina Ave, Mason City, IA 50401, USA
Place of Worship	<u>First Baptist Church</u>	33 E State St, Mason City, IA 50401, USA
Place of Worship	<u>First Christian Church</u>	318 N Adams Ave, Mason City, IA 50401, USA
Place of Worship	<u>First Church of the Nazarene</u>	521 S Carolina Ave, Mason City, IA 50401, USA
Place of Worship	<u>First Congregational United Church of Christ</u>	107 N Delaware Ave, Mason City, IA 50401, USA
Place of Worship	<u>First Covenant Church</u>	410 S Louisiana Ave, Mason City, IA 50401, USA
Place of Worship	<u>First Presbyterian Church</u>	100 S Pierce Ave, Mason City, IA 50401, USA
Place of Worship	<u>First United Methodist Church</u>	119 S Georgia Ave, Mason City, IA 50401, USA
Place of Worship	<u>Firth Street Church of Christ</u>	516 S Jersey Ave, Mason City, IA 50401, USA
Place of Worship	<u>Free Methodist Church</u>	516 23rd St SW, Mason City, IA 50401, USA
Place of Worship	<u>Grace Evangelical Free Church</u>	Willowbrook Mall, Mason City, IA 50401, USA
Place of Worship	<u>Grace United Methodist Church</u>	200 14th St NW, Mason City, IA 50401, USA
Place of Worship	<u>Greek Orthodox Church of the Transfiguration</u>	1311 2nd St SW, Mason City, IA 50401, USA
Place of Worship	<u>Holy Family Catholic Church</u>	722 N Adams Ave, Mason City, IA 50401, USA
Place of Worship	<u>Jehovahs Witnesses Kingdom Hall</u>	402 Indianhead Dr Ste. 3, Mason City, IA 50401, USA
Place of Worship	<u>Mason City Baptist Church</u>	1805 S Wilson Ave, Mason City, IA 50401, USA
Place of Worship	<u>Mason City Covenant Church</u>	1154 Eastmoor Dr, Mason City, IA 50401, USA
Place of Worship	<u>Messiah Lutheran Church</u>	Willowbrook Mall, Mason City, IA 50401, USA
Place of Worship	<u>New Life Tabernacle Church</u>	1416 S Delaware Ave, Mason City, IA 50401, USA
Place of Worship	<u>Our Saviours Lutheran Church</u>	301 25th St SW, Mason City, IA 50401, USA
Place of Worship	<u>Prince of Peace Lutheran Church</u>	636 12th St NE, Mason City, IA 50401, USA
Place of Worship	<u>River City Christian Center</u>	2310 4th St SW, Mason City, IA 50401, USA

Resource Type	Name	Address
Place of Worship	<u>Riverside Friends Church</u>	607 N Kentucky Ave, Mason City, IA 50401, USA
Place of Worship	<u>Rolling Acres Christian Reformed Church</u>	1913 S Madison Ave, Mason City, IA 50401, USA
Place of Worship	<u>Saint James Lutheran Church</u>	1148 4th St SE, Mason City, IA 50401, USA
Place of Worship	<u>Saint Johns Episcopal Church</u>	120 1st St NE, Mason City, IA 50401, USA
Place of Worship	<u>Saint Josephs Catholic Church</u>	320 5th St SE, Mason City, IA 50401, USA
Place of Worship	<u>Saint Paul Lutheran Church</u>	329 E State St, Mason City, IA 50401, USA
Place of Worship	<u>Salvation Army Church</u>	122 S Adams Ave, Mason City, IA 50401, USA
Place of Worship	<u>Seventh Day Adventist Church</u>	815 N Kentucky Ave, Mason City, IA 50401, USA
Place of Worship	<u>Spirit of the Dove Church</u>	1415 N Washington Ave, Mason City, IA 50401, USA
Place of Worship	<u>Temple Baptist Church</u>	1211 Kentucky Ave, Mason City, IA 50401, USA
Place of Worship	<u>The Church of Jesus Christ of Latter Day Saints</u>	1309 Kentucky Ave, Mason City, IA 50401, USA
Place of Worship	<u>Trinity Lutheran Church</u>	213 N Pennsylvania Ave, Mason City, IA 50401, USA
Place of Worship	<u>Unitarian Universalist Fellowship of North Central Iowa</u>	407-427 2nd St NE, Mason City, IA 50401, USA
Place of Worship	<u>Wesley United Methodist Church</u>	211 14th St SE, Mason City, IA 50401, USA
Playground	Prarie Playground	840 E State St, Mason City, IA 50401
Playground	2 Playgrounds	1123 8th St NW, Mason City, IA 50401
Playground	1 Playground	1181 15th St SW, Mason City, IA 50401
Playground	1 Playground	1239 N Rhode Island Ave, Mason City, IA 50401
Playground	1 Playground	2217 S Delaware Ave, Mason City, IA 50401
SUD Recovery Coach	<u>Integrated Health Home</u>	320 N Eisenhower Ave, Mason City, IA 50401
Recovery Housing	<u>Living Free -Megan's Hope House</u>	11 2nd St NW, Mason City, IA
Recovery Housing	<u>Northern Lights Alliance -Walter House</u>	307 North Monroe Ave, Mason City, IA
School	Alternative School	19 N. Illinois Ave., Mason City, IA
School	Harding Elementary School	1239 N. Rhode Island Ave, Mason City, IA
School	Hoover Elementary School	1123 8th St. NW, Mason City, IA
School	Jefferson Elementary School	1421 4th St. SE, Mason City, IA
School	John Adams Middle School	29 S Illinois Ave, Mason City, IA
School	Lincoln Intermediate	1625 S. Pennsylvania Ave, Mason City, IA

Resource Type	Name	Address
School	Mason City High School	1700 4th St. SE, Mason City, IA
School	Mason City Virtual Academy	1515 S PENNSYLVANIA AVE, Mason City, IA
School	Newman Catholic Elementary School	2000 S. McKinley, Mason City, IA
School	Newman Catholic High School	2445 19th SW, Mason City, IA
School	North Iowa Christian School	680 6th St. SE, Mason City, IA
School	Roosevelt Elementary School	313 15th St. SE, Mason City, IA
Section 8 Housing	AUTUMN PARK APARTMENTS ~ MASON CITY	710 S Pierce Ave, Mason City, IA, 50401
Section 8 Housing	Grant Village	823 6th St S.W., Mason City, IA, 50401
Section 8 Housing	Pilgrim Place	741 S Illinois Ave, Mason City, IA, 50401
Section 8 Housing	Regency Apartments	1531 6th Pl SE, Mason City, IA, 50401
Section 8 Housing	Shalom Tower li	321 4th St NE, Mason City, IA, 50401
Section 8 Housing	Three Links Apartments	1033 19th St SW, Mason City, IA, 50401
Section 8 Housing	Westside Manor	2401 S Taft Ave, Mason City, IA, 50401
Shelter	Courage Hall	311 N Monroe, Mason City , IA, 50401
Shelter	<u>Homeless Shelters of North Iowa</u>	202 1st Street NW, Mason City, IA, 50401
Shelter	<u>Northern Lights Men's Homeless Shelter</u>	307 North Monroe Avenue, Mason City, IA, 50401
Shelter	<u>Salvation Army</u>	Adams Ave and 2nd Street SW, Mason City, IA, 50401
Shelter	Walters House	420 3rd St., Mason City, IA, 50401
Soccer Field	3 Soccer Fields	Mason City, Cerro Gordo County, Iowa, 50401, United States
SUD or Gambling Treatment Center	<u>Lutheran Services in Iowa</u>	2502 South Jefferson Ave, Mason City, IA, 50401
SUD or Gambling Treatment Center	<u>MercyOne North Iowa Medical Center, In-patient Behavioral Health Units</u>	1000 4th St. SW, Mason City, IA, 50401
SUD or Gambling Treatment Center	<u>Prairie Ridge Integrated Behavioral Healthcare</u>	320 N. Eisenhower Ave., Mason City, IA, 50401
SUD or Gambling Treatment Center	<u>Yss</u>	50 N. Eisenhower Avenue, Mason City, IA, 50401
Tennis Court	12 Tennis Courts	Mason City, Cerro Gordo County, Iowa, 50401, United States
Trail	29 Trails	No Address in Data
VA Hospital or Clinic	<u>Mason City CBOC</u>	520 S Pierce Ave, Ste 150, Mason City, IA 50401
Workforce Development Office	<u>IowaWORKS Mason City</u>	600 S Pierce Avenue, Mason City, IA, 50401
YMCA	Mason City Family YMCA	1840 S Monroe Ave, Mason City, IA 50401